

# G-old Community Partnership

Gortalowry, Oldtown, Killymoon, Ardboe, Dunamore, Pomeroy, Maghera and Town Parks East

**SureStart**

## Spring Newsletter 2024

Get ready to bloom with excitement as we unveil our Spring Programme of Events at G-old Community Partnership SureStart! As the flowers begin to bloom and the sun casts its warm glow, we're thrilled to present our spring activity planner, filled with activities and courses designed to support you and your little ones. Join us in celebrating this season of growth and discovery as we embark on a journey filled with laughter, learning, and endless possibilities.



### The Big Toddle



**Date: Friday 28th June 2024**

**Time: 10am - 11:30am**

**Location: Drum Manor Forest Park,  
Cookstown**

Join us for a fun filled morning with walks, games, snacks and a chance to meet old and new friends. Why not bring your favourite teddy along to join you on your walk? We love to meet your cuddly friends!

### Ever thought of Volunteering?

Volunteering is an integral part of the work we do here in G-old SureStart. We have a number of different roles for our volunteers such as Breastfeeding Peer Support, Childcare and Office Support. Over the coming year we hope to expand and extend these roles as we know the importance of volunteering. All our volunteers help support the work we do here in G-old SureStart. Pictured below are some of our volunteers at our recent Celebration Event. We celebrated the role of volunteering in G-old SureStart, with some of our volunteers having been here for 15 years!

Volunteer Week is Monday 3rd June - Sunday 9th June 2024 when we will share some more of our volunteer updates.

If you would like to find out about any of our Volunteering roles in G-old SureStart please get in touch with Tina, Volunteer Co-ordinator.



### Daddy & Me

**When: the last  
Saturday  
of every month**



"Children with an involved father/male role model benefit from having fewer behavioural issues, greater self-esteem, and fewer incidents of depression. Involved fathers help foster these things by instilling a sense of adventure, embracing the outdoors, and keeping kids safe while helping them push their boundaries".

**Gold Community Partnership Sure Start :Loy Buildings, Top Floor, 18-24 Loy Street,  
Cookstown, BT80 8PE**

**Tel: 028 867 69994 | Email: [info@goldsurestart.org.uk](mailto:info@goldsurestart.org.uk)**

**Website: [www.goldsurestart.org.uk](http://www.goldsurestart.org.uk) | App: School Jotter**

**Facebook: Gold Community Partnership Surestart**

Call 028 867  
69994 to book

# What's On?



## SCHEDULE OF EVENTS

DAY	DATE	TIME	COURSE	VENUE
MON	15th April	7:00PM - 9:00PM	Bumps to Babies	Loy Buildings, Cookstown
MON	22nd April	7:00PM - 9:00PM	Infant Feeding	Loy Buildings, Cookstown
MON	8th April - weekly (excluding 6th & 27th May)	10.00am - 12:00noon	Breastfeeding Support	Magherafelt Baptist Church Hall
MON	22nd April, 29th April, 13th May, 20th May	10:00am - 11:00am	Baby Movers (for babies age 16 weeks up until walking)	Loy Buildings, Cookstown
MON	29th April	7.00pm - 9.00pm	Antenatal Support Sustaining Healthy Relationships	Loy Buildings, Cookstown
MON	22nd, 29th April, 13th & 20th May 3rd, 10th June	10:00am - 12:00noon	Cook it (creche available)	Ardboe Community Centre
MON	15th April - 13th May Booking for this course is <b>online only</b> via Eventbrite, by following the link on our Facebook page - bookings open on Wed 20th March at 7:30pm, first come first served basis.	6:30pm - 7:00pm	Little Goldfish Water Confidence	Cookstown Leisure Centre
TUE	Weekly. Booking lines open each Friday morning from 10am	10.00am - 11.30am	Let's Play The Waddler Way (age 12-24 months)	Gortalowry House, Cookstown
TUE	9th April, 21st May & 11th June	10.30am - 11.15am	Wiggles & Giggles (suitable from 6 months)	Cookstown Library
TUE	23rd April	10.30am - 11.30am	Woodland Wanders Nature walks, songs & rhymes	The Lurach Centre, Maghera
TUE	4th-25th June	1.30pm - 4.00pm	Hypnobirthing	Loy Buildings, Cookstown
TUE	21st May-4th June	10.30am - 11.30am	Bookstart (suitable for 1-2 year olds)	St Mary's, Dunamore

This year, World Autism Acceptance Week will take place from 2nd to 8th April 2024. World Autism Acceptance Week is always planned around World Autism Acceptance Day, which is on 2nd April.



The theme for World Autism Acceptance Week 2024 is colour, so make sure that you wear as much colour as you can!

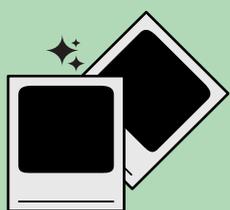
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# What's On?

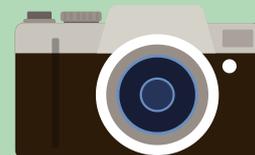


## SCHEDULE OF EVENTS

DAY	DATE	TIME	COURSE	VENUE
WED	24th April - 22nd May	6:00pm - 7:00pm	Aqua Yoga (20 + weeks pregnant)	Cookstown Leisure Centre
WED	17th April - 8th May	10:30am - 11:30am	Babbling Babies For parents and pre walking babies 3months + non walkers	Lurach Centre, Maghera
WED	17th April - 8th May	10:30am - 11:30am	PEEP age 2-4 Songs, Stories & Fun activities	Cookstown Leisure Centre
WED	17th April - 8th May Booking for this course is <b>online only</b> via Eventbrite, by following the link on our Facebook page - bookings open on Wed 20th March at 7:30pm, first come first served basis.	Morning Session: Time to be confirmed	Little Goldfish Water Confidence	Cookstown Leisure Centre
WED	29th May	10:30am - 11:30am	Woodland Wanders Nature walks, songs & rhymes	Rowan Tree Centre, Pomeroy
WED	From 17th April (weekly)	10.00am - 11.30am	Let's Play (Share and Play Experience for you and your child)	Ardboe Community Centre
WED	12th June	10:30am - 11:30am	Woodland Wanders Nature walks, songs & rhymes	Ardboe Resource Centre
WED	10th April (weekly)	10:00am - 12:00noon	Breast Feeding Support Group	Loy Buildings, Cookstown
THU	From 18th April (weekly)	10.00am - 11.30am	Let's Play (Share and Play Experience for you and your child)	Lurach Centre, Maghera
THU	9th - 6th June (exc 25th May)	12:00noon - 1:00pm	Baby Massage	Loy Buildings, Cookstown
THU	11th April-23rd May	10:00am - 11:00am	Blossoming Babies (For pre mobile babies 3 months plus)	Loy Buildings, Cookstown
THU	16th May - 20th June	10:00am - 12noon	Understanding Little Minds (Creche Available)	Rowantree Centre, Pomeroy
THU	6th June	10:00am - 11:00am	Beach Babies (How to care for your baby in the sun)	Loy Buildings, Cookstown
FRI	From 12th April (weekly)	10:00am - 11:30am	Let's Play (Share and Play Experience for you and your child)	Gortallowry House, Cookstown
FRI	From 12th April (weekly)	10.00am - 11.30am	Let's Play (Share and Play Experience for you and your child)	St Mary's, Dunamore
FRI	From 12th April (weekly)	10.00am - 11.30am	Let's Play (Share and Play Experience for you and your child)	St Joseph's, Killeenan
SAT	Last Saturday of each Month	10:30am - 11:30am	Daddy & Me	Various Venues (Check social media)



# Say Cheese!



A SELECTION OF PICTURES FROM RECENT EVENTS & PROGRAMMES

CHECK OUR FACEBOOK PAGE FOR REGULAR PHOTO UPDATES FROM ALL OUR PROGRAMMES



Let's Play!

World Book Day 2024



Daddy and Me



Chatterbox Party!



Thank you for taking the time to read our newsletter and to all our families, partners and commissioners for their continued support of G-old Community Partnership SureStart services

